

MEASURING INSTRUCTIONS

Height: _____

Weight: _____

Color: _____

Tails: [] Yes [] No



CHEST _____

FEMALES:

Bra Size: _____

Cup Size: _____

Tip to Tip: _____

While in uniform center tape measure at sternum and measure completely around chest.

NOTE: Do not pull tape too tight. Snug measurement is ideal.

Females should measure at largest area of bust area and include cup size & measurement from tip to tip of breast.



FRONT _____

While in complete uniform, and while sitting down, measure from your second shirt button down to the top of your belt.

NOTE. Make sure pants are properly adjusted on waist, not droopy or sagging.



BACK _____

While in complete uniform, measure down the spinal column starting 2 inches below shirt collar down to the top of your belt.



WAIST _____

While in complete uniform, measure waist area just above your duty belt at the navel. Measure completely around waist.

NOTE: Do not suck in your stomach while measuring.

Officer's Name: _____

Agency: _____

Comments: _____
